

Taunton Running Club - Group Leaders

Group	Typical Pace	Day	Time	Leader	Comments
Couch to 5K (C25K)	13 - 15 m/m	Tues	6.45pm	Michael Sharpe	
Crazy Raccoons	12 - 13 m/m	Tues	6.30am	Emma Hopkins	Starting January 2018
Robins	12 - 13 m/m	Tues	6.30pm	Denise Poole	
New Group Required	11 - 12 m/m	Tues	6:30pm	Group Leader needed	
Ravens	10:30 - 11 m/m	Tues	6.30pm	Louise Coppin	Temporarily unavailable
Zoologicals	10 - 11 m/m	Tues	6.30pm	Nikki Hill	
Sneakers	10 - 11 m/m	Tues	6.30pm	Sam Safe	Sam Simmons (Deputy)
Gremlins	9:30 - 10 m/m	Tues	6.30pm	Adam Wheatley	
Muffins	9:30 - 10 m/m	Tues	6.30pm	Steve Curtis	
Dustbusters	9 - 9:45 m/m	Tues	6.30pm	Johnny Rayner	
Archers	8:30 - 9 m/m	Tues	6.30pm	Julie Gilbert	Mark Raisey (Deputy)
Arrows	7 - 7:45 m/m	Tues	6.30pm	Jon Passmore	
Rockin' Robins	12 - 13 m/m	Thurs	6.30pm	Group Leader needed	
Mockingbirds	10 - 11 m/m	Thurs	6.30pm	Michael Sharpe	
Earlies	9 m/m	Sun	8:30am	Julie Gilbert	
SMilers	Variable	Sun	9.00am	Michael Sharpe	
Crazy Gang	10 - 11 m/m	Sun	9.00am	Nikki Hill	
TRCyclones	Group Pace	Sun	9.00am	Louise Coppin	
TRCyclists	Group Pace	Weds	6.30pm	Nikki Hill	Summer Only

Standby Leaders

Traci Boshier	Rookies to Ravens
Rob Greenslade	Rookies to Muffins
Mark Raisey	Zoos to Archers
Paul Cooper	Sneakers to Muffins
Chris Wyatt	All groups (except Arrows!)
Chris Poole	All groups (except Arrows!)

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