

Taunton Running Club - Group Leaders

Group	Pace m/m	Day	Time	Leader	Deputy
Early Birds	10	Tues	10.00am	Sanchia Reed	
Couch to 5K	Slow	Tues	6:30pm	Michael Sharpe 07956 039666	
Rookies	13-15	Tues	6.30pm	Leader needed	
Robins	12-13	Tues	6.30pm	Denise Poole	
Magpies	11-12	Tues	6:30pm	Liz Sykes	
Ravens	10.30-11	Tues	6.30pm	Louise Coppin	
Zoologicals	10-10.30	Tues	6.30pm	Nikki Hill	
Buffalos	10-10.30	Tues	6.30pm	Matt Fryer	
Sneakers	10:30	Tues	6.30pm	Sam Safe	Sam Simmons
Gremlins	9.30-10	Tues	6.30pm	Adam Wheatley	
Muffins	9.30-10	Tues	6.30pm	Steve Curtis	
Dustbusters	9.15-9.30	Tues	6.30pm	Johnny Rayner	
Archers	9-9.30	Tues	6.30pm	Julie Gilbert	Mark Raisey
Inbetweeners	8-8.30	Tues	6.30pm	Leader needed	
Arrows	7-7.45	Tues	6.30pm	Jon Passmore	Liam Mounter
Rockin' Robins	12-13	Thurs	6.30pm	Leader needed	
Bluebirds	10.30-11	Thurs	6.30pm	Louise Coppin	
Mockingbirds	10-11	Thurs	6.30pm	Michael Sharpe	
Thatchers	8.30	Thurs	6.30pm	John Ward	
Bluebirds	10.30-11	Sun	9.00am	Louise Coppin	
SMilers	Variable	Sun	8.30am	Michael Sharpe	
Crazy Gang	10-11	Sun	8.30am	Nikki Hill	
Panthers	9-9.30	Sun	9.00am	John Ward	
TRCyclists	Group	Weds	6.30pm	Nikki Hill	
TRC Circuits		Fri	6.30pm	James Pither	

Standby Leaders

Traci Boshier	Rookies to Ravens
Rob Greenslade	Rookies to Muffins
Terry Coppin	Ravens to Sneakers
Mark Raisey	Zoos to Archers
Paul Cooper	Sneakers to Muffins

Group	Pace m/m	Day	Time	Leader	Deputy
Chris Wyatt	All groups (except Arrows!)				
Chris Poole	All groups (except Arrows!)				